

## 2023 SPORT CAMP INFORMATION

*Basketball, Lacrosse, Tennis & More!*



Registration for Upper Dublin Township residents begins Monday, February 27 at 9 am.  
Registration for non-residents begins Monday, March 13 at 9 am.

[www.upperdublinrec.net](http://www.upperdublinrec.net)  
215-643-1600 x3443

### CARDINALS BASKETBALL

**Monday, July 17 to Thursday, July 20**

**Monday, July 24 to Thursday, July 27**

**Times:** 9a to 2p **Completed grades:** 5-9

**Location:** UDHS Main Gym

**Price:** \$128R/\$154NR

*The goal of these camps is to make you a complete player. Learn drills to establish fundamental skills, stressing offensive moves and defensive positioning. UDP&R t-shirt included.*

### GIRLS BASKETBALL

**Monday, July 10 to Thursday, July 13**

**Times:** 9a to 12p **Completed grades:** 4-8

**Location:** UDHS Main Gym

**Price:** \$110R/\$132NR

*Improve all aspects of your game with the help of the UDHS staff and players. Individual and team skills will be worked on through a combination of drills and competitive games. UDP&R t-shirt included.*

### FLAG FOOTBALL

**Monday, July 24 to Thursday, July 27\***

**\*Friday Inclement Weather Date**

**Times:** 9a to 12p **Completed grades:** K-6

**Location:** SPARK **Price:** \$125R/\$150NR

*Develop flag football skills and understanding of the rules of the game through a series of fun games and activities. All activities and games are delivered in a low pressure, yet energetic environment.*

### KING BASEBALL

**Monday, June 19 to Thursday, June 22\***

**\*Friday Inclement Weather Date**

**Times:** 9a to 1p

**Ages:** 7-12 years (must turn age 7 by 6/1/23)

**Location:** Loch Alsh Fields

**Price:** \$156R/\$187NR

*Learn basic fielding, bunting, batting, base running, stealing and strategy. T-shirt included.*

### CARDINALS FINISHING SOCCER

**Monday, June 26 to Thursday, June 29\***

**\*Friday Inclement Weather Date**

**Times:** 8:30a-11:30a **Completed grades:** 5-11

**Location:** SPARK

**Price:** \$90R/\$108NR

*Enhance scoring efficiency by identifying technical, mental & emotional barriers and minimize or eliminate those barriers. UDP&R t-shirt included.*

### ARCHERY

**Monday, August 28 to Friday, September 1**

**Times:** 9a to 12p **Completed grades:** K-11

**Location:** Twining Valley Park

**Price:** \$110R/\$132NR

*Get in touch with your inner warrior learning the lifetime sport of archery!*

## MVP MINORS BASKETBALL

**Monday, June 26 to Thursday, June 29**

**Times:** 9a to 11a **Completed grades:** K-3

**Location:** Sandy Run Middle School

**Price:** \$70R/\$84NR

*Learn all facets of the game including offense, defense, shooting, ball handling and passing. Fun, educational and developmental drills will be taught. Come learn something new or practice what you know! UDP&R t-shirt included.*

## TENNIS

**Monday, July 10 to Thursday, July 13\***

**Monday, July 17 to Thursday, July 20\***

**Monday, July 24 to Thursday, July 27\***

**\*Friday Inclement Weather Dates**

**Times:** 9a to 12p **Completed grades:** 2-5

**Location:** Henry Lee Willet Park

**Price:** \$172R/\$206NR

*Learn or improve your knowledge of the tennis serve, volley, game strategy and rules of etiquette.*

## LACROSSE

**Monday, August 14 to Thursday, August 17\***

**\*Friday Inclement Weather Date**

**Times:** 9a to 12p **Completed grades:** K-6

**Location:** Mondauk Common

**Price:** \$125R/\$150NR

*Learn the fundamentals of the game through a variety of skills, drills, games and activities. This is a non-contact lacrosse camp. Please bring a stick.*

## DANCE

**Monday, June 19 to Friday, June 23**

**Monday, August 21 to Friday, August 25**

**Times:** 9a to 12p **Completed grades:** K-3

**Location:** Institute of Dance Artistry

**Price:** \$210R/\$215NR

*This camp teaches hip-hop, Broadway, ballet, and lyrical dance in a fun, supportive environment.*

## ADVANCED SKILLS VOLLEYBALL

**Monday, July 24 to July 27**

**Times:** 5:30p-8:30p **Completed grades:** 5-9

**Location:** UDHS Main Gym

**Price:** \$92R/\$102NR

*Geared to high schoolers and specifically designed to get players ready for preseason and tryouts in their upcoming seasons. It will focus on technical skills, game systems, as well as development aspects of the game.*

## GIRLS VOLLEYBALL

**Monday, June 19 to Thursday, June 22**

**Times:** 9a-12p **Completed grades:** 5-9

**Location:** UDHS Main Gym

**Price:** \$92R/\$110NR

*The camp will focus on building team chemistry, development through individual feedback and expanding your knowledge of the game.*

A \$10 per person per camp administration fee is deducted from any refund issued. Cancellations within one week of the start date are handled on a case-by-case basis.

## TOTAL PLAY MULTI SPORT

**Monday, July 31 to Thursday, August 3\***

**Monday, August 7 to Thursday, August 10\***

**\*Friday Inclement Weather Dates**

**Times:** 9a to 12p **Completed grades:** K-6

**Location:** Mondauk Common

**Price:** \$145R/\$174NR

*Learn more of a variety of different sports! All activities will take place in an atmosphere which promotes good sportsmanship teamwork & fun.*

Camp dates, times and program descriptions are subject to change. Updated brochures and more detailed descriptions will be available at [www.upperdublinrec.net](http://www.upperdublinrec.net). Sign up for UDP&R e-News & follow us on our Social Media pages for more updates!

## TAE KWON DO

**Monday, June 19 to Friday, June 23**

**Monday, August 21 to Friday, August 25**

**Times:** 9a to 12p or 9a-3:30p

**Completed grades:** K-5

**Location:** Competitive Edge Martial Arts

**Price:** \$90R/\$108NR (half); \$168R/\$202NR (full)

*Beyond kicks and punches, this camp focuses on character development, physical conditioning, achievement and important life skills such as dealing with bullying and stranger awareness.*